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Palm Beach and
Treasure Coast

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AQUÍ COMIENZA LA AYUDA

GRATIS • CONFIDENCIAL • 24/7



MARTIN COUNTY - RECURSOS EN LA COMUNIDAD

EMERGENCIA MÉDICA

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CRISIS MENTAL

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ABUSO: ADULTOS, NIÑOS Y DOMESTICOS

Abuse Hotline- Florida	(800) 962-2873
Martha's House	(863) 763-0202
SafeSpace	(772) 288-7023
Wave C.R.E.S.T. runaway shelter (CHS)	(800) 881-8855

CONSEJERÍA

Catholic Charities- couples/families/people of all ages	(844) 848-6777
Coral Shores Behavioral Health	(772) 403-4000
Helping People Succeed	(772) 320-0770
Life Works- strengthening families	(772) 288-9886
NAMI- Stuart	(772) 285-0967
New Horizons of the Treasure Coast	(772) 221-4088
Public Defender's- Re-Entry Program	(772) 288-5581
Suncoast Mental Health Center	(772) 221-8585
TC Behavioral Healthcare at Lawnwood	(800) 433-2673
Treasure Coast Hospice Grief Support	(772) 403-4530
Tykes & Teens	(772) 220-3439

SERVICIOS PARA INCAPACIDADES

Coalition for Independent Living Options	(772) 878-3500
Division of Blind Services	(866) 225-0794
FL Alliance for Assistive Services & Tech.	(888) 788-9216
Florida Relay Service	(800) 676-3777
Florida DOE Vocational Rehab (Stuart)	(772) 221-4095
Lighthouse for the Blind of Palm Beaches	(888) 399-1129

CUIDADO DE LOS NIÑOS Y EDUCACIÓN TEMPRANA

211 Help Me Grow- child's development & school readiness: quick & easy screenings online or over the phone	2-1-1
ARC- child/adolescent w/developmental disabilities	(772) 283-2525
Dunbar Ctr low cost child care/at-risk children	(772) 545-0808
Early Learning Coalition	(772) 220-1220
Easter Seals Florida- Early Steps	(772) 380-9972
Helping People Succeed- mental health (2-5)	(772) 320-0770
MC Healthy Start Coalition	(772) 463-2888

EDUCACION/ADULTOS

Center For Reading And Literacy (MC Library)	(772) 219-4960
Florida Literacy Coalition	(800) 237-5113
Indian River State College (Chastain Campus)	(772) 283-6550
Stuart Community Adult Education Center	(772) 219-1296
Vocational Adult Community Education MC	(772) 219-1200

EMPLEO

CareerSource	(866) 482-4473
Florida DOE Vocational Rehabilitation (Stuart)	(772) 221-4095
Indian River State College	(772) 462-4722

CONSEJERÍA DE CRÉDITO/MANEJO DE DINERO

DebtHelper.com	(800) 920-2262
Debt Management Credit Counseling Corp.	(866) 618-3328
Money Management International	(800) 251-2227

DESPENSAS ALIMENTICIAS

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1 st Baptist Church (Jensen) Tues soup kitchen	(772) 334-2202
1 st United Methodist (Stuart) soup kitchen/pantry	(772) 781-0223
Banner Lake Café (Hobe Sound) soup kitchen/pantry	(772) 402-5167
Caring Ministries (Stuart) food pantry M-F	(772) 781-0223
CROS Ministries (Indiantown) food pantry	(772) 233-9009
House of Hope (all locations)	(772) 286-4673
Immanuel Lutheran (Palm City) soup kitchen Sun	(772) 287-8188
Love & Hope In Action (Stuart) soup kitchen/pantry	(772) 781-7002
Matthew 25:35 (Jensen) soup kitchen/ pantry	(772) 334-6233
Salvation Army (Stuart)	(772) 288-1471

Stuart soup kitchens: Carpenter's (772) 223-8120/Mary's (772) 287-3244
St. Vincent De Paul-food pantry (Hobe Sound) (772) 546-2492

SITIOS DE COMIDA PARA ANCIANOS (772) 223-7800

PROBLEMAS DE HIPOTÉCAS

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SEGURO DE SALUD www.enrollpbandtc.org or...

DCF Access Florida (Medicaid)	(866) 762-2237
Medicare Information	(800) 633-4227

SIN HOGAR- TC Homeless Services (772) 567-7790

You can also search our online database by visiting our website and clicking on the "Get Help Now" button

211TreasureCoast.org



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CLÍNICA/CENTRO DE SALUD

Cleveland Clinic Martin Health	(772) 287-5200
Cleveland Clinic Martin Health South	(772) 223-2300
Clinic- FCHC Indiantown Center	(772) 597-3596
Clinic- FL Dept. of Health (Indiantown)	(772) 597-3687
Clinic- FL Dept. of Health (Stuart)	(772) 221-4000
Clinic-Volunteers in Medicine (Stuart)	(772) 463-4128
HCA Florida Lawnwood Hospital	(772) 461-4000
HCA Florida St. Lucie Hospital	(772) 335-0400

CLÍNICAS/DENTAL- Little Lights (2-21yrs)(772) 223-9781

SERVICIOS LEGALES

19 th Judicial Circuit- Main Number	(772) 807-4370
Catholic Charities- Immigration	(772) 463-0445
Florida Rural Legal Services	(888) 582-3410

EQUIPOS MÉDICOS Y SUMINISTROS

Clinics Can Help- those with limited income (561) 640-2995

ASISTENCIA DE PRESCRIPTION 2-1-1

PADRES Y FAMILIAS

Father/Child Resource Ctr-Healthy Start	(772) 463-2888
Helping People Succeed- parental education /support	(772) 320-0770
Life Works- court approved parent/marriage classes	(772) 288-9886
MorrisLife- Grandparents raising grandchildren	(561) 386-2879
Tykes & Teens- mental health/substance abuse	(772) 220-3439

PETS- Paws2Help low cost vet (Jupiter) (561) 712-1911

Humane Society Treasure Coast (772) 223-8822

SALUD Y BIENESTAR PARA ANCIANOS

211's Sunshine- free daily call & wellness check	2-1-1
Alzheimer's Community Care (North Stuart)	(772) 692-6981
Alzheimer's/Parkinson's Association of TC	(772) 335-1910
Council on Aging of MC at the Kane Center	(772) 223-7800

ADMINISTRACION DEL SEGURO SOCIAL(800) 772-1213

USO INDEBIDO DE DROGAS Y DE ALCOHOL

ADAP Counseling Services	(772) 286-8933
Alcoholics Anonymous- Intergroup of MC	(772) 283-9337
Catholic Charities of MC	(772) 283-0541
Central Florida Treatment Center	(772) 468-6800
Counseling and Recovery Center	(772) 467-3057
Narcotics Anonymous	(772) 905-4409
New Horizons of the Treasure Coast	(772) 672-8470
Serenity Counseling Services	(772) 692-8585
TC Behavioral Healthcare at Lawnwood	(800) 433-2673
Treatment Management Behavioral Health	(866) 306-1818

El Tabaco y El Fumar - QuitDoc Foundation (866) 355-QUIT

TIENDA DE SEGUNDA MANO/ROPA Y VESTIMENTA

Gulfstream Goodwill (Palm City)	(772) 283-0412
Hibiscus Treasure Coast (Stuart)	(772) 692-5730
Humane Society of the TC (Stuart)	(772) 286-6909
Mathew 25:35 Thrift Store (Jensen Beach)	(772) 334-6239
Salvation Army Thrift Store (Stuart)	(772) 223-1815
St Vincent De Paul (H. Sound)	(772) 546-2492
Treasure Coast Hospice (Stuart)	(772) 220-3590

TRANSPORTE (772) 223-1815

Martin County Public Transit* (772) 463-2860

*Also visit www.martin.fl.us/transit for schedules & MyRide info

Medicaid Transportation (MTM) (866) 836-7034

VETERANOS/ CRISIS LINE 1- (800) 273-TALK (8255)

211's MYFLVET- peer to peer support & family resources 2-1-1

Florida Department of Veterans Affairs (800) 827-1000

Jupiter Vet Center- readjustment/family support (561) 422-1220

Military One Source (800) 342-9647

Veterans CBOC- Stuart Outpatient Clinic (772) 288-0304

Veterans Service Office- Martin County (772) 288-5448

Veterans Transportation to VAMC WPB (772) 288-5450

Women Veterans Health/Family Programs (561) 422-6881

West Palm Beach VA Medical Center (800) 972-8262

JUVENTUD- 4-H Club- MC UF Extension Service (772) 288-5654

After School/Out of School (772) 320-3078

Big Brothers Big Sisters- mentoring (772) 283-8373

Boy Scouts of America Gulf Stream Council (561) 694-8585

Boys & Girls Clubs of MC (5 locations) (772) 545-1255

Boys & Girls Clubs of MC (Indiantown) (772) 597-5088

East Stuart Youth Initiative- after school (6-17) (772) 288-5334

Girl Scouts of Southeast Florida (561) 427-0177

Parks, Leisure, Arts, Culture, Education (PLACE) (772) 320-3078

YMCA of the Treasure Coast (Indiantown) (772) 597-3700

YMCA of the Treasure Coast (Stuart) (772) 286-4444

- ADOLESCENTES & ADULTOS JOVENES

Al-Anon:teen/family/friends:southfloridaal-anon.org/meetings.html

American Red Cross- leadership program (772) 287-2002

CareerSource- youth employment prep (16-21yrs) (866) 482-4473

Life Works- communication, life skills, career coaching (772) 288-9886

MC School Board- Supportive services pregnant teens (772) 219-1200

Project L.I.F.T. program for teen mental health (772) 221-2244

Teen Advisory Board- MC Parks & Rec (772) 320-3078

SEGURIDAD ACUÁTICA

CSC- free swim lessons- low income children (772) 288-5758

La información contenida en este folleto es la más actualizada y disponible en la 211 HelpLine a la fecha de producción de esta publicación en Enero 2022. El hecho de ser incluido en este folleto no implica aprobación, así como el hecho de ser omitido no implica la falta de aprobación del 211 HelpLine.